

Information



Welcome to Tuakau Health Centre

Thank you for entrusting your care to us. We are committed to providing excellent health services in a cost-effective manner. This sheet gives you instant access to important information regarding our medical practice. Please keep it in a safe place.

Services

Our clinical team can assist you with all of your healthcare needs. We pride ourselves on modern, convenient and continuous care.

Services include:

- + Regular Checkups
- + Men's Health
- + Family Planning
- + Minor Surgery
- + Repeat Rescriptions
- + Referrals
- + Sexual Health
- + Women's Health
- + Pregnancy Care
- + Travel Medicine
- + Immunisations
- + Diabetes Clinic

Clinicians

Dr Julia Lyons, Dr Brad Stanfield, Dr Nemani Delaibaitiki, Jo Eustace (NP), Janelle Weren (Nurse Prescriber), Racheal Smith (Dedicated Nurse Prescriber)

Nurses & Support Staff

Sara, Janay, Annemieke, Sarah, Dora, Sheila (Diabetes Nurse), Marietes (HCA), Di (Paramedic)

Administration

Majella (Manager), Katie, Ema, Delwyn, Yvonne, Marlette, Libby

Fees

General Practitioner, Nurse Practitioner & Nurse Prescriber Consultations

0 — 13 Years	FREE
14 — 17 Years	\$40.00
18 — 64 Years	\$55.00
65+ Years	\$49.00

Nurse Consultations

0 — 13 Years	FREE
14 — 17 Years	\$30.00
18+ Years	\$40.00

CSC Holders

0 — 13 Years	\$0.00
14 — 17 Years	\$13.50
18+ Years	\$20.00

Prescriptions

Standard (48 Hours)	\$25.00
Urgent (Same-day)	\$30.00

After Hours Care

For after-hours medical advice, please call us on (09) 236 8068 to speak to a nurse.

You can also call Healthline on 0800 611 116 anytime for general health advice and information.

Tuakau Kidz Clinic

Miserable and grumpy or a rash that's lumpy? Earache or headache? Can't poo or get off the loo? Insect bite or fallen off your bike? Raging fever or wheezy breath? We can help.

When: Mon & Wed, 9 a.m. to 12 p.m.

Who: Enrolled patients under 14 years

Cost: FREE!

Don't ring. Just bring. Your children will be in safe hands with Di and Janelle.



You can access your test results via our online patient portal.

Our team will only contact you about abnormal results that may require further action. We do not notify patients of normal results.

Appointments

Please call us at **(09) 236 8068** to book your appointment.

For urgent, same-day appointments, especially if you're feeling unwell, please call us at 8 a.m. We have a limited number of acute appointments available each morning, so please stay on the line as these slots fill up quickly.

Planning ahead for a medication review? We recommend booking your next appointment with your GP at least 2-3 weeks in advance.

Payments

Fees are payable at the time of consultation. We accept eftpos, cheque, visa, mastercard and online payments. Paywave is now available.

Fees for enrolled and registered patients are subsidised by the Government for various age groups and services costs are listed at the practice.

If you have any queries, please contact reception. They are happy to help.

Repeat Prescriptions

We are happy to issue repeat prescriptions for you. However, we ask that you give us as much advance notice as possible — 48 hours' warning being the minimum.

Repeat prescriptions do incur a charge (\$25-30) and the doctor may need to see you prior to issuing for clinical and/or legal reasons — especially if you are not seeing your regular GP.

Please ask our reception staff for more information.

Patient Portal

ManageMyHealth is a secure online tool that lets patients manage their health in a modern and convenient manner. Registering is free and simple. Sign up at your next appointment or call us on **(09) 236 8068**. Our reception staff can guide you through the process, and verify your identity, with ease.

Pharmacy

Unichem Pharmacy — 51/53 George Street, (09) 236 8014 — is open:

Mon to Wed — 8:30AM to 5:30PM
Thurs & Fri — 8:30AM to 7PM
Saturday — 9AM to 12:30PM

The pharmacy is closed on Sunday.

Personal Information

Your medical record is a confidential document.

It is the policy of this practice to maintain security of personal health information at all times and to ensure that this information is only available to authorised staff members.

General Information:

Tuakau Health Centre
55 George Street
Tuakau
Auckland 2121
New Zealand

Ample parking is available in the carpark outside the practice. Street parking is also available.

A pharmacy is located within 50m of the practice.

Please dial 111 in emergencies.

Weekdays — 8AM to 5PM
Weekends — Closed

Phone: (09) 236 8068
Fax: (09) 236 8069
Email: reception@tuakauhealth.co.nz

A&M clinics near our practice include:
Urgent Care Franklin
149 Manukau Road, Pukekohe
Open 8 AM to 8 PM
Counties Care
16-18 O'Shannessey Street, Papakura
Open 8 AM to 8 PM